

TERM 3 NEWS

FLYAWAY GYMNASTICS ALBURY WODONGA



WHAT'S NEW THIS TERM?

Achievement week

This term we are introducing achievement week for our Gymstar classes, which will be held in week 8 each term. The aim of this is to give gymnasts the opportunity to show off the skills they have learnt throughout the term. Along with this, parents will now have access to their child's progress via the ThinkSmart App!

More information regarding this will be emailed to families in the coming weeks.

Bring a friend week!

As of this term, Week 9 and 10 will be known as bring a friend week. During these weeks, gymnasts are invited to bring a friend along to their class to give it a go at a discounted rate of only \$10! This will be in place for all of our non-competitive and KinderGym programs. More information regarding this will be distributed to current participants in Week 7.

Rolling enrolments

Re-enrolments will no longer need to be completed each term! At the end of term 3 enrolments will be rolled into Term 4, with parents/guardians to have an opt-out option if you do not wish to return in Term 4. This process will be carried out at the end of every term from this point forward.

Information relating to gymnasts class movements will be passed along the week prior to enrolment rolling over to allow for class changes.

IMPORTANT DATES THIS TERM

- **Green and Gold week** (3), 1st - 6th of August
- **Achievement week** (8), 5th -10th of September
- **Bring a friend week** (9&10), 12th-24th of September
- **Theme week** (9), 12th-17th of September

WAG Competition dates:

- 7th August, MYC Invite
- 3rd/4th September, North East Regionals
- 24th-27th September, MLC Junior Star Classic
- 15th-23rd October, Victorian Championships

GREEN AND GOLD WEEK!

In Week 3 (1st -6th of August), gymnasts are invited to dress in green and gold in celebration of the Commonwealth Games! Gold coin donations are required for those who dress up in celebration, which is to be placed in our collection tins upon arrival for class. All proceeds will go towards Tom and Erin Northam's Go Fund Me. We look forward to seeing everyone dressed up in support of our Aussie Gymnasts!



COMPETITION SEASON SO FAR!

ALP 3-7

The ALP 3-7 comp season kicked off with the Flyaway Invitational, on the 2nd and 3rd of July. The comp was a great start to the season at our home venue, with amazing results all around! Next up was Niddrie Invitational in Melbourne, on the 16th and 17th of July. For some gymnasts, this was their first Metro competition and what an weekend it was for our club. Results for these events were posted on our social media pages.

We look forward to seeing what the remainder of the season holds for our club!

TEAM GYM

TeamGym is our competitive group program in which gymnasts perform a routine as a team in the following apparatus'; Floor, Mini Tramp, and Tumbling. TeamGym encourages individual skill with an emphasis on Team work. Our Team at Flyaway is called the Flyaway Fury!

FLYAWAY INVITATIONAL

Flyaway Fury competed on the 3rd of July at the Flyaway Invitational, achieving Gold on Floor, Bronze on Mini Tramp and Tumbling. They were also awarded Silver overall.

GACT STATE CHAMPIONSHIPS

Flyaway Fury came out of this year's State Championships in Canberra with Silver on Floor and Mini tramp and Bronze on Tumbling. It was a great weekend for our Gymnasts!

Fantastic effort from our TeamGym squad at both events!

Well done Flyaway Gymnasts!



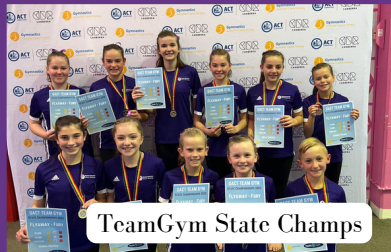
ALP 6



ALP 3



ALP 4



TeamGym State Champs



ALP 5



ALP 7



TeamGym Flyaway Invite

KINDERGYM AND GFA THEMES THIS TERM!

Term 3 in KinderGym is all about animals!

Week 1&2: Sea creatures

Week 3&4: Farm animals

Week 5&6: Zoo animals

Week 7&8: Pets

Week 9&10: Dinosaurs

This Term we will be introducing theme week for our GFA and WAG programs (Gymstar, FreeG, DanceGym, Tumble, WAG Development and WAG squads) in Week 9! Our theme for this term will be announced closer to the date via email and social media.

TOM NORTHAM FUNDRAISER



scan to donate



We recently received some hard to swallow news from one of Flyaway's core Team members. Erin's husband Tom has been diagnosed with advanced Melanoma and advanced bowel cancer. Most of you will know Erin as the first person you meet when walking through our doors or the voice on the other side of the phone that helps you out with all your inquiries. Last term Erin started her maternity leave and 6 weeks ago they welcomed little Gus to their family.

Tom's sister Pip has created a Go Fund Me page to help Tom and his young family with the financial strain this diagnosis has put on them. The Team at Flyaway want to support Erin and Tom in any way we can and we are planning some fundraising activities for our gymnasts to be involved in which will be announced in the coming weeks.

For now we would like to share the Go Fund Me page and ask our extended Flyaway Family to also support Erin and her family and help us make this fundraising campaign a success. Help us, help Erin and her Family